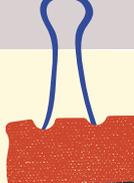


ITALY 🤝 THE NETHERLANDS
TWINNING

March 4th-11th, 2026



WELCOME!



Participating Students

1. Benitez Eva
2. Bonini Azzurra
3. D'Acri Tommaso
4. D'Amici Giada
5. Daniele Sofia
6. Del Bene Michele
7. De Nunzio Lorenzo
8. Gatto Enia
9. Gera Davide
10. Herta Beatrice
11. Peluso Ylenia
12. Pariciani Veronica
13. Orlandi Lorenzo
14. Riganti Domenico
15. Turella Micol
16. Rodriguez Cadavid Alejandro
17. Vlad Alessio
18. Zingone Alessandro

Italian Teachers:

Prof. Antonello Nobile
Prof.ssa Giusy Picone
Prof.ssa Maria Rosaria Pilotti

1. Diphorn Pepijn
2. Hagen Laura
3. Hoonstra Kyan
4. Kleine Milan
5. Leijssenaar Roy
6. Meeusen Daan
7. Meijer Saar
8. Rangel Bustame Daniel Andres
9. Schepping Thomas
10. Schraa Sven
11. Sing Thalia
12. Sriranjani Djevani
13. Strijker Yeray Alberto
14. van der Veen Sharon
15. van Haren Ilse
16. van Veen Yorick
17. van Velden Twan

Dutch Teachers:

Ms. Alma Bessembinders
Ms. Anneke Reinders
Ms. Petra Hulzebosch
Ms. Rita Werkman



Get ready for a
week full of
adventures,
discoveries, and
lots of fun!

Wednesday, March 4th

Welcome to Italy!

Arrival Day

Time

Activity

18:00

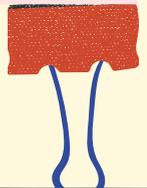
Meeting at School 🏫: we will gather in front of the school to head to Fiumicino Airport together and welcome our Dutch partners.

19:00

Flight Arrival: expected landing time. ✈️

20:00

Return to Ladispoli: students will go home with their host partners.



Did you know?

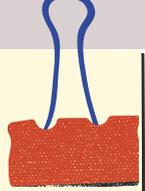
- 🌀 Ladispoli was founded in 1888 by Prince Ladislao Odescalchi. In fact, the name Ladispoli means "Ladislao's City" (from the Prince's name and the Greek word "polis").
- 🌀 We are famous across Italy for our "Carciofo Romanesco" (the Roman artichoke). You'll see them everywhere in spring!
- 🌀 The beach here is unique for its black sand, which is rich in iron and minerals.

The Castle of Palo



This majestic fortress was built in the Middle Ages to defend the coast from pirates. Today, it is the most iconic landmark of Ladispoli, nestled between the Mediterranean waves and the ancient Flavia Forest.

Thursday, March 5th



Time	Activity
09:30	Meeting at School  gathering in front of the main entrance.
10:00	In the Classroom: Dutch students will join our students in their classes to experience an Italian lesson. 
11:30	Official Welcome: meeting in the school theater with the Headmaster, students, and families.
13:00	Buffet Lunch: held at the school. 
14:00	Exploring Ladispoli: treasure hunt and a walk to the Torre Flavia nature reserve or Palo Beach, followed by games on the sand.
18:00	Evening with Host Families.   

Did you know?

- ① Torre Flavia Natural Monument is a protected wetland of international importance and a "bird sanctuary" for migratory species. The ruins in the sea belong to a defensive watchtower built in the 16th century to protect the coast from pirate raids. It is a rare, beautiful example of the original marshland that once covered this region.
- ② Giovanni Falcone Square. Our school is located in the square dedicated to Giovanni Falcone, a heroic Italian judge and symbol of the fight against the Mafia. He dedicated his life to justice and legality, becoming a national icon of courage. By naming this square after him, our community honors the values of honesty and civic duty every day.

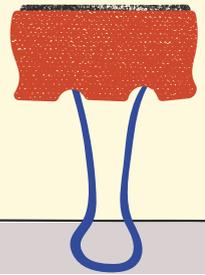


Giovanni Falcone

Torre Flavia

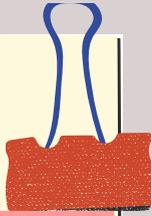


This ancient tower is the symbol of a protected marshland. It's a birdwatcher's paradise and a rare example of what the Lazio coastline looked like centuries ago.



Friday, March 6th

A Day in Rome

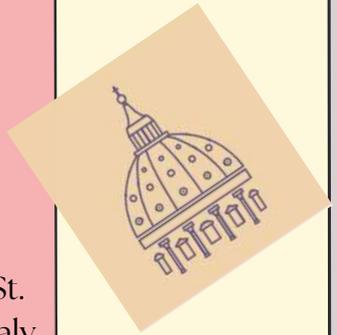


Time	Activity
09:00	Meeting at the Station: departure for Rome (Round-trip ticket: Ladispoli – San Pietro). 🚆
Morning	Rome Walking Tour: St. Peter's Square, Via della Conciliazione, Castel Sant'Angelo and Piazza Navona. 📷
Afternoon	Art & History: visit to San Luigi dei Francesi and the Pantheon. 📷
Lunch	Packed Lunch (Pranzo al sacco). 🍲🧀
14:00	Return to Ladispoli and evening with host families. 🏠👨👩👧👦💤



Did you know?

- Did you know? The Pantheon has the largest unreinforced concrete dome in the world. Its "Oculus" (the hole in the roof) is the only source of light. Don't worry if it rains the floor has a secret drainage system!
- A Country inside a City: When you enter St. Peter's Square, you are actually leaving Italy and entering Vatican City, the smallest independent country in the world! It has its own post office, coins, and even its own army: the Swiss Guard.



The Fountain of the Four Rivers (Piazza Navona)



The Four Giants: the fountain represents the four major rivers of the known world at the time: the Nile (Africa), the Ganges (Asia), the Danube (Europe), and the Rio de la Plata (Americas). Can you spot the palm tree and the lion?



Saturday, March 7th



Adventure Day

Time	Activity
09:30	Meeting at School. 🏫
10:00	Departure for Fregene: fun day at the Adventure Park (climbing and outdoor activities).
Lunch	Packed Lunch in the park. 🍲🧀
17:00	Return to Ladispoli and evening with host families. 🏠👨👩👧👦💤



Did you know?

- 🌀 Fregene is famous for its historic pine forest, originally planted in 1666. It's a popular escape for people from Rome looking to enjoy nature by the sea.
- 🌀 Fellini's Seaside Paradise: the legendary director Federico Fellini lived in Fregene and used its beach and pine forest as a natural film set for many of his masterpieces, such as *La Dolce Vita*, *The White Sheik*, and *Juliet of the Spirits*. He found the unique light and trees of Fregene incredibly inspiring!

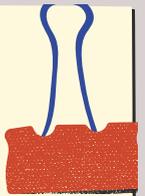


Fregene



Federico Fellini

Sunday, March 8th



Family Fun Day

An illustration of five diverse children of various ethnicities and ages, holding hands and smiling. They are positioned below the word 'Family' in the title.

Host families are free to plan their own activities, giving you a chance to experience a typical Italian Sunday!



Did you know?

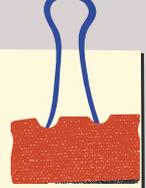
Sunday is the most cherished day for Italian families. Here are some of the most common ways we spend it:

- The Long Lunch: a multi-course feast (from antipasto to dolce) that can last for hours, filled with chatter and laughter.
- The "Passeggiata": a slow, traditional walk in the city center or by the sea to enjoy the fresh air and meet friends.
- Pastry Shops: many families visit a pasticceria in the morning to buy a tray of "Paste" (small pastries) to bring to lunch.
- Football Passion: for many, Sunday means following their favorite football team, often with a coffee and a newspaper.
- Outdoors: if the sun is out, Italians love trips to the countryside, a visit to a local market, or a walk on the beach.



Monday, March 9th

Art & Roman Wanderings

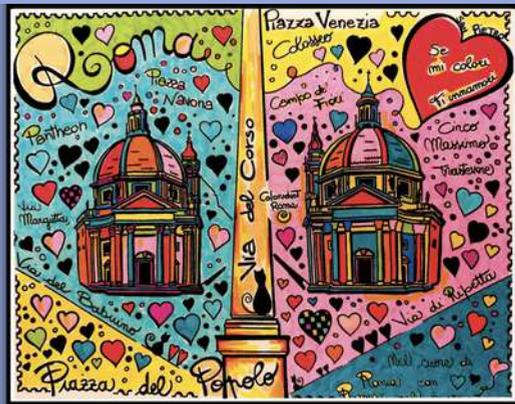


Time	Activity
08:00	Meeting at the Station: departure for Rome (using the BIRG daily travel ticket). 
Morning	Villa Medici: visit and an Art Workshop in this stunning Renaissance palace.
Lunch	Packed Lunch at the Pincio  : enjoying our meal in the beautiful Villa Borghese gardens with a view over Rome. 
Afternoon	Piazza di Spagna & Beyond: a walk to the Spanish Steps, some shopping time in Via del Corso and a visit to Piazza del Popolo.
18:00	Return to Ladispoli and evening with host families. 

Did you know?



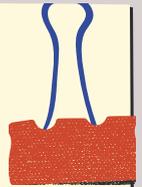
- Just a short walk from where you are eating, hidden in the greenery of Villa Borghese, there is a Hydro-chronometer (Water Clock 🕒). Built in 1867, it still works today thanks to the flow of water. It's a unique masterpiece of engineering and art!
- The Spanish Steps (Piazza di Spagna 📍): the famous staircase has 135 steps! At the bottom, you'll see the Barcaccia, a fountain shaped like a half-sunken ship. 🚢 It was designed by Bernini's father to commemorate a massive flood of the Tiber river in 1598.



The giant obelisk in the center of the square is over 3,000 years old! It was brought to Rome from Ancient Egypt by Emperor Augustus. Also, the square was once the main entrance to the city for all travelers coming from the North.

Tuesday, March 10th

Ancient Rome & Farewell



Time	Activity
09:00	Meeting at the Station: departure for Rome (using the BIRG daily travel ticket). 🚆🎫
Morning	Imperial Rome Tour: visit to the Colosseum, a walk along the Imperial Forums, and the Capitoline Hill (Campidoglio). 📷
Lunch	Packed Lunch (Pranzo al sacco). 🍲🧀
Afternoon	Iconic Rome & Shopping: visit to the Trevi Fountain and Piazza di Spagna, followed by some free time for shopping. 🛍️
18:00	Return to Ladispoli. 🚆
19:30	Farewell Party: a final celebration together before the departure. 🕺🎉🎵



Did you know?

-  The Trevi Fountain 🏛️ If you want to return to Rome, you must throw a coin into the fountain with your right hand over your left shoulder! Every day, about 3,000 Euros are tossed into the water. All the money is collected and donated to charity to help people in need.
-  The Colosseum 🏟️ Its real name is the Flavian Amphitheatre. It could hold up to 50,000 spectators who entered through 80 numbered arches. It was even designed to be flooded to stage naval battles (called naumachiae)!



Get ready for our Farewell Party! It's the perfect time to share your favorite moments of the week, dance, and celebrate the new friendships we've made.



Wednesday, March 11th

Safe Travel!

Time

Activity

10:00

Meeting at School 🏫: final goodbyes and gathering at the main entrance. Departure for the Airport: transfer to Fiumicino Airport (FCO).

14:10

Flight Home: departure of the flight back to the Netherlands. 🇳🇱



Arrivederci! We hope you had an amazing time exploring Italy, learning our traditions, and making new friends. We wish you a smooth flight and a safe journey home.

This isn't a final goodbye: we can't wait to see you all again in the Netherlands this May!

Arrivederci,
amici!!!

Goede reis!

